

# Health and Physical Education — Teacher Preparation

Degree Type  
B.A.

## Objective:

To prepare students for careers teaching physical education at the secondary level or combined secondary and elementary levels.

The senior project is a seminar in leadership conducted in 336.

In consultation with the department, the student must select an approved minor or a contextual and support area. Electives may include one or more coaching classes, and one or more internships in the major or minor area.

## Departmental Requirements:

Item #	Title	Semester Hours
	Health & Human Performance – Core Courses	18-21
HHP 241	Foundations of Traffic Safety	3
HHP 261	Applied Anatomy & Kinesiology	3
HHP 335	Phed for Exceptional Children	3
HHP 341	Principles of Method Class In-Car Instruction	3
HHP 412	Skills & Tech in Teaching Phed	3
	Ten physical education activity courses	5

## Additional Requirements:

Item #	Title	Semester Hours
BIOL 310	Exercise Physiology	4
MATH 121	College Algebra	3

# Licensure Requirements:

The student should select core courses to meet state licensure requirements while fulfilling college graduation requirements.

Education 440, 441, and 450 are taken in the professional semester.

Student Teaching is the senior project for teacher preparation, but individual departments may have additional senior project requirements.

For an add-on endorsement in driver education, the student must take Health & Human Performance 241 and 341.

Item #	Title	Semester Hours
EDUC 114	Introduction to Education	1
EDUC 115	Early Field Experience	1
EDUC 115	Early Field Experience	1
EDUC 305	Human Growth & Development	3
EDUC 324	Assessing for Learning	3
EDUC 401	Practicum in Education	2
EDUC 440	Seminar: Teaching Secondary School	2
EDUC 441	Supervised Teaching-Secondary School	10
EDUC 445	Foundations of Education	3
EDUC 449	Reading & Writing in Content Areas	3
EDUC 450	Curriculum&instruct in Sec School	3

## Licensure — Additional Requirements

Statistics 161 is required in addition to the mathematics requirement in the major.

Item #	Title	Semester Hours
	HIST 111 or HIST 112	3
STAT 161	Introduction to Statistics	4
	<b>Total Credits</b>	<b>83-86</b>

## Health & Human Performance — Core Courses

Elective Credits 18-21

Item #	Title	Semester Hours
HHP 211	Foundations of Health & Safety & Phys Ed	3
HHP 222	Recreation, Health & Physical Education	3
HHP 223	Prevention, Care & Safety Education	3
HHP 231	Personal Health	3
HHP 334	Evaluation in Physical Education	3
HHP 470	Internship I	6

## Ten physical education activity courses

Elective Credits 5

The student must take a swimming proficiency test or a class in swimming (154, 156, 158) as one of the ten activity courses.

## HIST 111 or HIST 112

Elective Credits 3

Item #	Title	Semester Hours
HIST 111	American History to 1861	3
HIST 112	American History Since 1861	3