

# GNST 120 : Transitioning to College

This course will provide guidance in what first semester students are expected to know in terms of organization, class notes, reading texts, and time management. The course will also give students the opportunity to process the challenges of making the transition to college, through discussion and reflection about their experiences in their first semester. Generalized instruction will transform to applied mentoring based on individual students' course schedules. In addition to class, students will meet individually with the instructor for a minimum of three times. Permission of Instructor. This course is required for conditionally admitted students and cannot be repeated for credit; nor can it be taken for credit by students who have completed GNST 100 which will also satisfy the requirement for conditional admittance.

**Semester Hours** 1.0