

EQST 322 : Dressage I

This is a mounted course designed to introduce the rider to the basic principles of dressage. The repetition of transitions and training figures at working gaits in regards to the USAE Introductory and Training Level tests will be applied. The main emphasis is the realization that every horse and rider, regardless of his or her discipline, can benefit from dressage training. Students may also learn through lectures and videos on riding techniques. The USAE and USDF rules governing dressage competitions will be studied.

Semester Hours 1.0

Prerequisites

Instructor permission.