

EQST 101 : Fundamentals of Riding (begin/Adv Begin)

This course is designed for the student with no riding experience or with no hunt seat experience. The student will be introduced to the basics of proper position at the walk, trot, and canter; to hunt seat terminology, and to low fences. Advanced Beginner: Emphasis is on securing the rider's position on the flat and over fences, with further exposure to jumping. To enter this level the student should be able to exhibit good basic control over a horse ridden in a group.

Semester Hours 1.0

Prerequisites

Instructor permission.